



# Learn to Skate

## Skills Focus Series

Tulsa Figure Skating Club will be offering a six-week Skating Skills Focus Series on Thursday's from 5:00-5:15pm, April 27<sup>th</sup> –June 1<sup>st</sup>. This is for students currently enrolled in LTS; this 15 minute class will focus on a different element each week. This class will be taught by one of the clubs coaches. This class is to enhance the LTS class, not replace it.

**April 27<sup>th</sup>** - Stroking, forward/backward Snowplow Stops, & Fwd. /Backward One Foot Glides

**May 4<sup>th</sup>** – Two Foot Spins, Lunges, & Slaloms/ Snowplow Stops in Combination

**May 11<sup>th</sup>** – Moving Forward to Backward Two foot Turns, Pivots, & Hockey Stops

**May 18<sup>th</sup>** – Forward Crossovers, Backward Half Swizzles Pumps, & Backward Stroking

**May 25<sup>th</sup>**- Two Foot Turns on a circle, Beginning One Foot Spin

**June 1<sup>st</sup>** - Side Toe Hops, Bunny Hops, & Shoot the Ducks

Total Cost of class for 6 weeks \$20.00, Check payable to TFSC.

Checks can be dropped off at the counter at the rink.

For more information contact Robert Baker, [Robert@Tulsafsc.com](mailto:Robert@Tulsafsc.com)

Skater Name \_\_\_\_\_

Email \_\_\_\_\_

Phone # \_\_\_\_\_ Parent \_\_\_\_\_